



## **SANITATION / STERILIZATION PROCEDURES FOR BOTTLES, NIPPLES, COLLARS, CAPS**

State Form 49953 (R2 / 12-06) / BCC 0066

BUREAU OF CHILD CARE  
402 W. WASHINGTON ST., RM W386  
INDIANAPOLIS, IN 46204

1. Prewash in hot detergent water. Scrub the bottles and nipples inside and out with bottle and nipple brush. Squeeze water through nipple hole during wash.
2. Rinse well with clean, hot water.
3. Rolling boil: bottles, nipples, collars, caps and tongs for no more than one (1) minute.
4. Air dry.
5. Hands must be clean and care taken in handling techniques to prevent contamination of clean bottles / nipples.
6. Store all items separately in a clean, covered, labeled container away from food.

OR

1. Bottles, bottle caps, nipples, and other equipment used for bottle feeding may be cleaned and sanitized in an approved commercial dishwasher (for Licensed Child Care Centers / Unlicensed Registered Child Care Ministries) or household dishwasher (for Class 1 and Class 11 Licensed Homes only).
2. Once dry, items must be stored separately in a clean, covered, labeled container away from food.

Reference: *National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care Programs*; 2nd edition